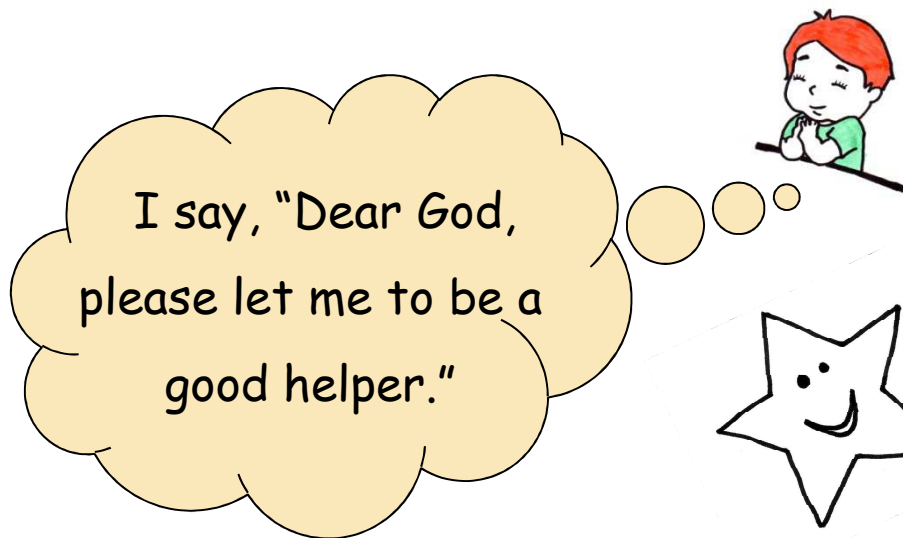




# Helping



Colour a star for every time  
you have been a helper today.

